taking liquid physic or big or little pills, that which makes you worse Instead of curing. Cathartics don't cure—they irritate and weaken the bowels. CASCARETS make the bowels strong, tone the muscles so they crawl and work-when they do this they are healthy, producing right results.

CASCARETS for a box for a week's treatment. All druggists, Biggest seller in the world. Militon boxes a month.



Every man has trouble in adjusting his necktie unless he wears

Slip Easy Gollars which all have the Slip Easy Tab shown above They come in all styles. Once use Slip Easy Collars you will never wear any other kind. Ask your dealer to get them. If he will not, write us and we will see you

are supplied. C. W. FERGUSON COLLAR CO., Troy, N. Y.

Too often sermons have too much length and too little depth .- Judge.

The very best advice: take Garfield Tea whenever a laxative is needed.

The saint who says he cannot sin may be an earnest man, but it is wisest to trust some other man with the funds of the church.

Revealed.

Knicker-Why do you think the burglar was a married man?

Bocker-Because when I asked him the time of night he said 12 instead of 3.

Not for Mortal Understanding.

What fond mother has not, at some time, said: "My child, you are much too young to ever understand; you will find out when you get older-all you wish to know will be explained." And how many of us are still waiting for the reason, for some one to explainare we still too young? Perhaps we are, and again, perhaps we are notperhaps it never shall be explained to us; there are things wrapped in voiceless mystery.

No Need to Be Good.

A little Shaker Heights girl surprised her parents last week by refusing to be scared into being good. "It's no use telling me Santa Claus won't come, or that the angels will write it down in their book if I'm naughty, mamma," she said. "I might as well tell you that they think up in heaven that I'm dead."

"But why should they think that, dear?"

"Because I haven't said my prayers Dealer.

> HEREDITY Can Be Overcome In Cases.

The influence of heredity cannot, of course, be successfully disputed, but it can be minimized or entirely overcome in some cases by correct food and drink. A Conn. lady says:

"For years while I was a coffee drinker I suffered from billous attacks of great severity, from which I and very weak. Our family physician gave me various prescriptions for improving the digestion and stimulating the liver, which I tried faithfully but without perceptible result.

"He was acquainted with my family history for several generations back, and once when I visited him he said: If you have inherited one of those torpid livers you may always suffer more or less from its inaction. We can't dodge our inheritance, you know.'

"I was not so strong a believer in heredity as he was, however, and, beginning to think for myself, I concluded to stop drinking coffee, and see what effect that would have. I feared it would be a severe trial to give it up, but when I took Postum and had it well made, it completely filled my need for a hot beverage and I grew very fond of it.

"I have used Postum for three years, using no medicine. During all that time I have had absolutely none of the bilious attacks that I used to suffer from, and I have been entirely free from the pain and debilitating effects that used to result from them.

"The change is surely very great, and I am compelled to give Postum the exclusive credit for it." Name

Read "The Road to Wellville," in plent. "There's a Reason."

Ever read the above letter?

BOTH HOUSES GRINDING AWAY AT LAW MAKING.

Bills Offered by the Different Members and What Is Done With Them.

Jefferson City, Mo .- An appeal for an extra session of congress "to relieve the groaning millions" was made in a resolution with which Senator Wilson dedicated the senate's new quarters in the supreme court building. The resolution itemized alleged discomforts of tariff.

There was a lively parliamentary fight as to whether the rules should be suspended and the resolution considered at once. Senator Gardner asked more time to consider what he felt sure was "the result of an idleness which has been sort of forced upon us," and Senators Humphrey and Oliver of the Democratic side also demurred. The resolution finally

The capitol bill was not presented as the senate was adjourned with the understanding that no important work would be done this week and many members already have left for home.

Jefferson City, Missouri.-The destruction of the old capitol and the confusion caused by the fire has knocked all disposition to work out of the legislature. It is probable that there will be little general legislation considered now outside of that necessary for the building of a new capitol.

The greatest difference of opinion on the capitol legislation is over the question of whether the capitol shall cost \$3,000,000 or \$5,000,000. When that is settled there probably will be little disposition to go ahead.

Senator Oliver introduced five bills prepared by the State Bar association. One relates to incorporation, calls for an itemized statement of property owned by a prospective corporation, requires that statement to be under oath and punishes by penitentiary sentence the making of a false oath as to the property or its value. Another and summer. It is understood surrequires foreign companies to live up to the same requirements as to corporations formed in this state. Another raises the tax on express companies from 11/4 per cent to 5 per cent.

On the house side there is a surprising growth of the idea that \$5,000,-000 is little enough for the new capittol. Members from the more conservative counties say their people will vote the bonds as well for the larger as the smaller amount.

Jefferson City.-It is practically settled that so far as the senate Territory, every state and territory is concerned it will be slow to consent contributed. to attempting the building of a new capitol for less than \$5,000,000. The senators who have discussed the question with a view to getting information say that the only senators who regard the \$3,000,000 proposition suggested by Governor Hadley are a for two weeks."-Cleveland Plain few who are influenced by the governor's position.

"Whatever the house may do," Senator M. E. Casey of Kansas City said, "I feel safe in saying that the senate will not consent to less than \$5,000,-000 without a fight. If I had my way I would make it \$7,500,000 and have a real capitol. When the old structure that burned the other night was built state capitols were new things. There were only a few of them, and state governments had not expanded used to emerge as white as a ghost as they have now. Now there are a great many states that have built state capitols that give us ideas worth copying"

The senate engrossed twelve bills by Senator Chinn to reduce the time of administering estates. It takes two years now to close an estate after an executor or administrator has been appointed.

Jefferson City, Mo.-Both houses passed resolutions fixing St. Peter's Parochial School building as the headquarters of the house of representatives and the courtroom of Division No. 1 of the supreme court as the official headquarters for the senate. The legislature is at last officially moved from its old quarters and both houses will begin business in the temporary quarters.

Senator Wilson of Platte Introduced a bill making it an offense to kill a quall until December, 1914. He explained that prairie chickens and wild turkeys have been almost exterminated in this state, and quall have suffered almost as much. Now the game and fish warden is trying so stock the given by Postum Co., Battle Creek, state with Hungarian partridges, which look very much like quall. These birds in four years, with the rapid multiplication of quali, would be of great service to the farmers and become numerous enough to permit hundric.

THE MISSOURI LEGISLATURE CANADA GETS \$1,500 TROPHY.

NATIONAL CORN EXPOSITION, AT COLUMBUS, OHIO, AWARDS TROPHY FOR PECK OF OATS GROWN IN SAS-KATCHEWAN.

Again Canada is to the fore, and has secured at the National Corn Exposition just closed at Columbus, Ohio, the magnificent Colorado silver trophy valued at \$1,500, for the best peck of oats. These oats were grown by Messrs. Hill & Son, of Lloydminster, Saskatchewan, and, as may readily be understood, were of splendid quality to have been so successful in a contest open to the world, and in which competition was keen. At the same Exposition there were exhibits of wheat and barley, and in all these competitions, the grain shown by Canada secured a wonderful amount of attention, and also a number of awards. During recent exhibitions at which grain from Western Canada was given permission for entry, it always took first place. At the Spokane Interstate Fair, last fall, where the entries were very large, and the competition keen, the Province of Alberta carried off the silver cup, given by Governor Hay, for the best state or province display, and a score of prizes was awarded Canadian exhibitors for different exhibits of wheat, oats and barley threshed and in the sheaf. Vegetables also received high awards. A pleasing feature of these exhibits was they were mostly made by farmers who had at one time been American Citizens and were now farming in Canada. The Department of the Interior is just in receipt of a magnificent diploma given by the Tri-State Board of Examiners at the Fair held in Cincinnati last fall for agricultural display by Canada.

The Surveyor-General of Canada has just completed a map showing that a large area of land was surveyed last year in the northern portion of Saskatchewan and Alberta in order to be ready for the rush of homesteaders to that district during the coming spring veys covering several hundreds of thousands of acres will be made in addition to these during the coming

A return just issued by the Dominion Lands Branch shows that 48,257 homestead entries were made last year as compared with 37,061 in 1909; of this 48,257, 14,704 were made by Americans. North Dakota coming first on the list with 4,810, Minnesota gives 2,528, South Dakota 1,133, Wisconsin 745, Washington 730, Michigan 706, Iowa 645, while other states show less, but with the exception of Delaware, District of Columbia and the Indian

The prospects for an abundant crop in all parts of Western Canada for 1911 are said to be excellent. In the districts that required it there was an ample rainfall last autumn, and the snowfall during the present winter is greater than in many previous years. Both are essential factors to the farmers, who look upon the moisture that these will produce as being highly beneficial.

A large immigration from the United States is expected, and the demand for literature and information from the various Government Agencies located at different points in the States is the greatest it has ever been.

Since the above was written word has been received that in addition to honors won at Columbus, Ohio, Canada won first and second on wheat and first and second on oats, as well as diplomas.

Norman Cherry of Davis, Saskatchewan, who was in the reserve for first on wheat, secured the award, with G. H. Hutton of Lacombe, Alberta, second. J. C. Hill & Sons got first on oats besides the silver trophy. G. H. Hutton took second in oats.

A Modern Family. "Where is the cook?"

"She in the kitchen preparing supper for the doctor's wife, dinner for the doctor, and breakfast for the students."-Fligende Blaetter.

eases. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. One a laxative three for cathartic. The brotherhood of man does mean

Constipation causes many serious dis-

better wages, but it also means better work. Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflamma-tion, allays pain, cures wind colic, 25c a bottle.

Perhaps Mohammed went to the mountain because it was cheaper than spending his vacation at the seashore.

Garfield Tea purifies the blood and eradi-

A woman's will is frequently changed to a won't.

Smokers like Lewis' Single Binder cigar

for its rich mellow quality Angelfood cakes seldom make boys

FLIGHT OF ELIJAH

Sunday School Lesson for Feb. 19, 1911 Specially Arranged for This Paper

LESSON TEXT-1 Kings 18:41-19:21. Memory Verses 11-13.
GOLDEN TEXT—"They that wait upon the Lord shall renew their strength."-

sa. 40:31. TIME—The day after the scene Mount Carmel, B. C. 909 (or 856-7), in the wilderness, and 40 yeards later on Horeb.
PLACE—I. Jezreel, one of the royal
residences, 20 miles northeast of Samaria. 2. The wilderness beyond Beersheba, 40 miles southwest of Jerusalem,
100 miles from Jezreel. 3. Horeb, one of the mountains of Sinal.

In our last lesson we left Elijah running before Ahab's chariot from Carmel to Jezreel, one of the royal residences, while the blessed rain was refreshing the whole country, an emblem of what God would do spiritually for the nation. Elijah was too wise to enter the lair of the tigress. But Ahab told Jezebel. We can imagine the bitter objurgations which she poured upon her cowering husband for having stood quietly by while her prophets and Baal's prophets were being massacred by a rebellious people.

Then Jezebel, scornfully ignoring her husband, and undefeated, whatever may have happened to her prophets, in the intesity of her rage, bound herself by an oath like that of the forty Jews who bound themselves that they would not eat or drink till they had slain Paul and sent a messenger unto Elijah. She felt that Elijah was in her power. He fled and his servant went with him:

Elijah was a brave man if ever there was one, but he was not a braggadocio. He was brave enough to let the ignorant think he was a coward. His going was not a sign of cowardice, but of wisdom and common sense. Christ himself bade his disciples, "When ye are persecuted in one city flee ye to another;" kindle the divine fires elsewhere, and there shall be two flames instead of one. "Elijah flies only when he has done the mighty work of God, and only when the life is in deadly peril which he would fain save for future emergencies of service."

He went a day's journey into the wilderness. He would be alone, without even his servant, in this Gethsemane, as Christ when he went in his agony to pray alone. He requested for himself that he might die. He had hoped to accomplish the deliverance of the people, but he was terribly disappointed. Jezebel still had power. Heathenism would still flourish. All his efforts had been but trying to dam Niagara with bulrushes. "All thy billows have gone over me." He lay down and slept, utterly worn out, and exhausted.

God gave his beloved sleep, and who knows what dreams and visions COUNTERS shone in the darkness. Rest for mind and body. God sent him a friend. Behold, then an angel touched him, God's messenger, human or angelfc. More probably the latter, one of the "ministering spirits, sent forth to minister for them who shall be 'heirs of salvation." Elijah's loneliness was broken. He was not forgotten.

The outward, visible manifestations of power, whether in the natural or spiritual world, while necessary in their time and place, are but the smaller results of the power that produced them. For instance, in the natural world, the storms however great, express but the slightest effects of the air, which gives life to all living beings, men, beasts, trees. This world without air would be as dead as the moon.

How feeble the lightning compared with the silent invisible work of electricity lighting our cities and homes, driving our machinery, carrying our messages over the wires. It used to be thought that the upheaval of the continents and the rearing of the great mountains was due to cataclysms and conflagrations and vast explosions of volcanic force. It has long been known that they are due. only in part to these, but chiefly to the inconceivably slow modifications produced by water, and air and heat, So long as all real progress in re-

ligion, in reform, in the coming of the kingdom of God, lies always in a change of will, of character, so long the change must be made by motives, and moral influences, not by force. "The lion shall lie down with the lamb," but only when the lion's nature is so changed that it loves to eat grass like the ox, and does not want to eat the lamb.

Elijah was to return, not yet to fsrael, but around it to the wilderness of Damascus. Damascus was on the borders of the desert. Here he would be beyond the dominions of Ahab. He was not for the present to enter into the scene of danger, but to do his work from without. Gradually better times came; and we find him in the kingdom, and the schools of the prophets flourishing. Anotht. It was customary to set apart, by anointing kings and prophets. It often means merely to set apart for sums special service of God.

Some tombstone irscriptions are tos good to be true.

Constipation is an avoidable misery—take Garfield Tea, Nature's Herb laxative.

Reforms come slowly because we all would rather wield the ax than bear the knife.

And in the Meanwhile. Lady-Can't you find work?

Tramp-Yessum; but every one wants a reference from my last employer.

Lady-And can't you get one? Tramp-No, mum. You see, he's been dead twenty-eight years.-London Punch.

No Clew.

Stranger-Yes, I have the general location of my friend's building and the name of the street, but I can't find the place.

Citizen-Haven't you anything more definite?

Stranger-Nothing except the architecht's print of how the finished building would look.-Puck.



Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Checks Fevers, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grip and obstinate Coughs and prevents Pneumonia. Write Prof. Munyon, 53rd and Jefferson Sts., Phila., Pa., for medical advice absolutely free.





For Miners, Quarrymen, Farmers and All Men Who Do Rough Work

Save money. Outwear shoes, Lighter than leather. Easily attached. Support the ankle. Any cobbler can put them on. Your shoe dealer has shoes already fitted with them. Send for booklet that tells all about them.

UNITED SHOE MACHINERY CO. BOSTON, MASS.



KANSAS CITY

ade-mark of its fifth sangal mot EN CONVENTION HALL WEEK OF FEBRUARY 27.

The Poster Girl comes to Kansas City